

# *Sophie Frieda*

*Bainbridge Island*

sophiefrieda@yahoo.com | website: sophiefrieda.com | 206 661 2496

## *Artist's Statement*

All plant life is filled with mystery and emotion. I explore and unveil this in my work.

When I moved to the Pacific Northwest, I became drawn to the local flora and fauna. After years of painting landscapes, I delved into the powerful, up-close world of florals and botanicals. Visiting Hawaii on several occasions added to my inspiration and I became captivated by exotic flowers and vegetation.

Combining the realism of the subject matter, and the abstract organic shapes, challenges and excites me. By zooming in, I'm able to explore the realistic image as well as observing the shapes and values that combine to make up the subject and composition. I'm still very involved in this theme.

The energy, movement, structure and geometry of the subject matter, together with the strong contrast of dark and light, helps create a spectrum of various moods and emotions which emanate from the subject. I try to capture these feelings in my work.

My goal is to make each flower or plant as compelling and visually exciting as possible - to recreate a rich and intriguing rendition of the subject, bridging realism with abstraction by portraying emotionally powerful observations of organic forms with all their intricacies.

## *Spotlight Artwork*

In these two paintings, I've attempted to manifest the structure, exuberance and life force and energy that excites and motivates me as an artist.

## *Artist*



## *Artist's Studio*



## *Education*

1976 Chelsea School of Art, London  
1977-80 Central Saint Martins, London, BA Fine Art  
1982 California College of Art  
1980 BA Honors Degree in Fine Art

## *Work Experience*

Art teacher based in studio  
Teacher at Winslow Art Center

## *Shows*

1980 Royal Leicester Infirmary, Group show, UK  
1985 Leigh Gallery, Solo Show, London  
1994 Group Show, Richter Association for the Arts, CT  
2003 Represented by Bainbridge Arts and Crafts  
2005 Group Show, North West Design Center, Poulsbo  
2006 Edmonds Arts Festival  
2007 Columbia Tower Club, Seattle  
2008 20th Annual Bainbridge in Bloom  
2008 Woodinville City Hall  
2009 Selected for Group Health Art Catalog  
2009 Adobe Gallery, Seattle  
2010 Art Studio Gallery, Bainbridge Island, dual show  
2011 Kitsap Arts and Crafts Show  
2011 Directors Gallery, Bainbridge Island  
2013 Bainbridge in Bloom Gala auction, selected for Bainbridge in Bloom poster  
2014 Bainbridge Island Museum of Art, Group show "*12 Years in the Woods*"  
2014 Edmonds Art Festival, juried show  
2015 Bloedel Reserve, Bainbridge Island  
2016 Bainbridge Island juried Studio Tour  
2018 Represented by Carrie Goller Gallery, Poulsbo  
2020 Bainbridge Museum of Art, Studio Tour Group Show  
2023 JGO Gallery, Bainbridge Island, Group Floral Show.  
2023 Bainbridge Museum of Art, Spotlight Juried Show.

## *Awards*

- 2006 Honorable Mention, Edmonds Arts Festival
- 2011 Second Place, Kitsap Arts and Crafts Show

## *Work in Public & Private Collections*

- 1980 Royal Leicester Infirmary, Leicester, UK, main lobby, 2 large paintings purchased
- 1980 New Cross School District, London, UK, 6 paintings purchased
- 1992 Saxon House, Milton Keynes, UK
- Art in Milton Keynes Project, UK, 2 paintings purchased
- 1993 Gamlins Law Offices, Lincoln's Inn, London, 2 large paintings purchased
- 2004 Cencom Building, Bremerton, Kitsap County 1% for the Arts, 3 paintings purchased.
- Work in private collections in England, France, Australia, Washington, California, Texas, Washington DC and Connecticut.